



He who lives in harmony with himself lives in harmony with the universe. - Marcus Aurelius

Aurelius - Împăratul Romanilor
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AURELIUS SPA





Welcome to our spa where we draw
our inspiration from the
Italian way of living - where
nature is celebrated and listened
to, from the Stoics pure
philosophy on life and from our
majestic surroundings.



*An exclusive location,
an impressive experience*

Experience a spa like no other. A place where state-of-the-art facilities blend in an atmosphere of luxury in the heart of Poiana Brasov

Working closely with [comfort zone], our chosen spa partner, we have created a truly unique selection of spa rituals and journeys designed as a 360° wellbeing experience.

Luxury spa skincare range, [comfort zone] and Aurelius Hotel invite you to experience a collection of holistic, healthy and relaxing therapies. Blending science and nature, [comfort zone] offers immediate and progressive results ensuring you look and feel better from the inside out.

Our expertise and work ethic will provide great results for body, mind and soul.

Organic Luxury – [comfort zone]

[comfort zone] is a made-in-Italy, complete line of regenerative, effective and sustainable face and body products, treatments, and rituals. The constant innovation, led by an internal team of over 40 scientists, is inspired by the Scientific Botanical Garden at the Village in Parma, and is enhanced by 25 years of professional expertise, which has made the brand a leader in the international spa and wellness industry.

Suitable for Vegans. Clinically proven efficacy. Dermatologically tested.



SPA

SIGNATURE
RITUALS MASSAGES
MAN SPACE
SPA FOR TWO
FACE TREATMENTS
BODY TREATMENTS
KIDS TREATMENTS
BEAUTY
SPA ETIQUETTE

LIFE PHILOSOPHY



SIGNATURE

The Life Philosophy Signature Collection encompasses the values that we hold dear: we draw inspiration from the Stoic principles of mindfulness and inner peace creating a sanctuary where tranquillity and self-discovery intertwine. We believe in the power of natural elements to restore balance and clarity.

SOUNDS OF NATURE



SIGNATURE

We celebrate our majestic settings, transporting you in the heart of wilderness, where soothing scents of evergreen forests and the crisp purity of mountain air envelop your senses as you embark on journey of relaxation and renewal.

SENECA’S CALM
110’ | 620 RON

(tranquillity touch, body scrub, Montalcino thermal mud wrap, minifacial, aromasoul massage)

Inspired by the energetic spirit and everlasting beauty of mountains and forests, this ritual encompasses all the benefits that a treatment can bring you: a bright complexion, a shaped body and deep relaxation.

‘ALTIUS FORTIUS’ NOURISHING RITUAL
80’ | 480 RON **also available for couples*

(tranquillity touch, hydrating oil body mask, minifacial, body massage)

This deeply nourishing ritual is essential for dry and depleted skins and those lacking luminosity and brightness. With Orange and Cedarwood extracts, this unique sensorial ritual gives your mood a well needed boost.

‘FELIX ANIMA’ SOOTHING RITUAL
80’ | 480 RON **also available for couples*

(tranquillity touch, hands&feet ritual, hot stones massage)

A replenishing treatment bestowing perfect tone and elasticity to your hands and feet and bringing much needed relaxation to the body. A basalt stones massage is the perfect therapeutic touch.

MINDFUL MEDITATION MASSAGE
50’ | 390 RON

(chakra healing, back and back of the legs massage)

Inspired by Ku Nye, an antique indigenous practice belonging to the Traditional Tibetan Medicine, this massage is a particular and pleasurable ritual which stimulates vitality, gets rid of toxins stored in the body, alleviates joint and muscle pains and reduces stress.

AROMASOUL RITUAL SCRUB
45’ | 320 RON

(choice of oriental, mediterranean, indian or arabian blend, scrub and deep hydration)

a renewing exfoliating treatment with essential oils and pure volcanic rhyolite particles from Stromboli, Sicily, that provides nourishment, youth and splendour to all types of skin conditions.

SACRED NATURE FACE&BODY RITUAL
80’ | 480 RON **also available for couples*

**certified organic choice*
(facial treatment, body scrub, body massage)

Using warm and harmonizing movements, this is a nourishing and DNA protective anti-aging treatment. Products have been formulated according to ecocert® guidelines, offering a natural treatment indicated for all skins, including even the most sensitive. Detoxifies, nourishes and protects the skin in a pleasant and embracing ritual.



Wellbeing Massages

A therapeutic practice using touch to promote relaxation and alleviate physical tension, for physical and mental benefits.

AROMASOUL

50'/80' | 350/420 RON

**also available for couples*

For anyone suffering of stress who needs to focus, unwind, meditate or regain powers.

CEDARWOOD BACK, NECK AND SHOULDERS

25' | 260 RON

A quick fix for stress release.

DEEP TISSUE

50'/80' | 350/420 RON

For anyone with tight, stiff, aching muscles. Suitable after sports or long travels.

APRES SKI

50' | 350 RON

Eliminates tension in the head for blood circulation, stress reduction, promotion of healthy hair.

'ETNA' HOT STONES

80' | 420 RON

**also available for couples*

For when in need of a muscle easer, detoxifier and a pluri-sensorial massage experience.

COMFORT ZONE SCALP MASSAGE

25' | 260 RON

Eliminates tension in the head for blood circulation, stress reduction, promotion of healthy hair.



BALINESE

50'/80' | 350/420 RON

**also available for couples*

A healing experience for those who need restoration of the body and peace of mind.

PRO-SLEEP

50' | 380 RON

Inspired by the Indonesian Sea Malay Massage, this exceptional ritual induces a state of deep rest for both mind and body. Ideal as jet lag recovery, in case of sleeping troubles and stress.

BELLA MAMMAPREGNANCY

50' | 350 RON

A comforting massage for a very special time.

TONE AND FIRM

50' | 290 RON

**recommended 10 sessions*

For anyone suffering from water retention and cellulite appearance



PURE PERFORMANCE MEN FACIAL 50' | 420 RON

Active purifying treatment to remove impurities, rebalance excessive sebum production, and leave the skin with a clarifying matte finish.

'AURELIUS' ULTIMATE FACE AND BODY RITUAL 80' | 480 RON

(Pure performance facial, deep tissue massage, scalp massage)

The ultimate cleansing and rejuvenating experience including a purifying essential facial, a stress relieving deep tissue full body and scalp massage and a well appreciated finishing touch.

Man Space

AROMASOUL BACK AND NECK 50' | 390 RON

Decontracting and revitalizing treatment the aromatherapeutic action along with the thermogenic action of the self-heating mud encourages effective tension-relief of head, neck, shoulders and back, bestowing a sensation of overall well-being.





Spa for two
Treatments for shared joy, harmony and connection.

‘ALTIUS FORTIUS’ NOURISHING RITUAL
80’ | 810 RON

Tranquillity touch, hydrating oil body mask, minifacial, body massage

‘FELIX ANIMA’ SOOTHING RITUAL
80’ | 810 RON

Tranquillity touch, hands&feet ritual, hot stones massage

SACRED NATURE FACE&BODY RITUAL
80’ | 810 RON

*certified organic choice (facial treatment, body scrub, body massage)

AROMASOUL
80’ | 695 RON

BALINESE
50’ | 580 RON

‘ETNA’ HOT STONES
80’ | 695 RON





We want our treatments to have a lasting impact on your skin and your condition. Our products are formulated with intention and integrity, respecting the principles of nature, creating connections between skin and mind, bringing a state of well-being. Thus, we recommend you to continue this care at home. Our therapists will advise you on the most suitable products.

FLORA'S FORUM

50' | 420 RON

Oily, acne impurities - purifying and rebalancing treatment. A deep cleansing treatment to render the skin fresh and compact.

LA GRANDE BELLEZZA

50' | 420 RON

24h deep hydrating treatment exceptional hydration and nourishment due to trehalose and betaglucan. Skin is compact and luminous, hydrated and silky.

SKIN LONGEVITY

25'/50' | 370/480 RON

Visible results in half the time of a traditional facial. Using Kabat technique, a neuromuscular rehabilitation method. It restores tone and repositions the skin tissues for a youthful, healthier appearance

Therapy for the Face

NYMPH'S NECTAR

25' | 350 RON

A beautiful aromatic facial with organic Sacred Nature line. Designed to nourish the skin in a sustainable way while providing a state of pure bliss.



EYE SUPREME ANTI-AGING

ADD ON | 160 RON

Attenuates unsightly swelling, dark circles and expression lines, deeply nourishes.
*Add this therapy to any of your facials, body treatments or massages.





INCANTO SIGNATURE SCRUB

ADD ON 25' | 280 RON

*Certified organic choice

**it can only be added to a massage or other treatment

DEEP BODY RENEWAL

50' | 420 RON

(Body Strategist peeling, nourishing antioxidant body mask, anti-ageing hydration)

A sensorial cocooning and deeply relaxing experience for a complete transformation of the skin and tissues. Ideal for skin that needs moisture and elasticity.

**safe for pregnancy for a supple and nourished skin

ACTIVE TONING TREATMENT

50' | 420 RON

Intensive remineralizing, remodelling and firming treatment with an innovative body mask with Yellow Clay from Brazil and Plankton extracts.

Silhouette Body Toning

Our partner is [comfort zone] organic luxury brand from Italy, well renowned for the body firming and toning treatments



ARIAPURA HOT COLD SUPERTONING TREATMENT

80' | 480 RON

A unique synergy of products and massage to restore body tissue elasticity and firmness. Three phase intensive remodelling treatment: thermogenic action for microcirculation, a lipolytic massage and then the final phase which is revitalizing and tonifying. A 'shock' treatment with visible toning and firming effects.

MONTALCINO WARM SLIMMING MUD

50' | 420 RON

(Body Strategist peeling, thermal mud, body hydration) rebalancing and deeply detoxifying, revitalizing metabolism, fixing skin imperfections. Also recommended for treating cellulite.

Beauty

Beauty is a fleeting guest, but the grace of a noble spirit endures, casting a timeless glow upon the beholder's heart." - Seneca

IMPERIAL HAND AND FEET SPA RITUAL

25' | 320 RON

A carefully selected combination of restorative oils deeply nourishes rough, dry hands and calloused skin of the feet, leaving them soft, smooth and comfortable



Junior Treatments

BAMBINO MASSAGE

25' | 250 RON

A delightful moment for kids. Let your little one bask in the warmth of our gentle strokes, like rays of sunshine. Because every child deserves tenderness, care and joy!

BAMBINO FACE TREATMENT

25' | 250 RON

Formulated with our most gentle products, this kids facial is a burst of freshness and a sprinkle of giggles. It protects their delicate skin.

*no extractions

STELLINA KIDS RITUAL

50' | 375 RON

(Bambino facial treatment, Bambino massage)

A moment of pure joy, this ritual for kids includes a soothing massage and a delicate face treatment.



SPA FEATURES

- ◉ 4 exquisitely designed therapy rooms inspired by Italy and the surrounding nature, including a couples therapy room
- ◉ Thermal area with Finnish sauna, saline sauna, steam bath, ice fountain, emotional showers
- ◉ Relaxing spaces
- ◉ Interior pools with mountain and lake view
- ◉ Exterior/interior Jacuzzi
- ◉ Spa Café
- ◉ Wellness Boutique [comfort zone]



PARTIES AND SPA EVENTS

Indulge in the perfect blend of relaxation and celebration with our exclusive spa parties and events. Create unforgettable memories with friends and loved ones. Whether it's a bachelorette party, a girls' getaway or a special occasion, our spa events offer a unique fusion of wellness and festivity. Join us for an unforgettable journey of tranquillity and togetherness.

GIFT CARDS

Our gift cards ensure that what you offer to your dear ones is an experience that they will treasure forever. You can find our beautiful gift cards at the spa reception or you can also order them via email.

Opening hours

Aurelius SPA is open each day from 09:00 to 21:00. (The hotel has the rights to modify the schedule without previous notice)

Reservations and early bookings

We recommend to book early to make sure that your treatment is available and will take place in the desired timeframe.

Treatments

If you wish to know more information or recommendations about treatments, our team is at your service. We encourage you to call our reception or visit us, we will guide you towards your treatment. Phone: 0268 262 166 from room 810 and mobile phone: +40 737 607 998 Email: spaaurelius@imparatulromanilor.ro

Arrival time

We recommend you to check-in 15 mins earlier prior your treatment. This will allow us to welcome you properly, show you the surroundings of the SPA and have a short discussion about your therapy and your expectations. In case you are late, please let us know in advance so that we can make arrangements in such way that your therapy will not shorten, although, if there are reservations made after yours, the therapy you booked might be shorter.

Restrictions

Aurelius SPA is a retreat space made for the mind, body and spirit. Out of consideration for others, please keep noise to a minimum. We ask that you respect the privacy of other guests and speak quietly. The use of cell phones for loud conversations and smoking are prohibited. So is the use of the spa under the excessive influence of alcohol.

Pregnancy

We have therapies specially designed or suitable for pregnancy or post-pregnancy. Please allow the Spa team to recommend which treatments are best for you at this special time.

Gift Cards

Gift cards are available at our reception or they can be requested via email.

Spa Etiquette

Spa boutique

Aurelius Spa prides itself on the exceptional level of therapies offered. For further treatment in the comfort of your own home we offer a generous range of products in our wellness shop. Our therapists and receptionists are highly trained and can make appropriate recommendations.

Accidents

The Spa is not responsible for any accidents that guests may suffer while using our facilities.

Valuable items

We do not recommend wearing jewellery to the spa. Please leave jewellery and valuables in the hotel room.

Prices

All prices are in RON and are subject to change.

Health Condition

Please let us know of any health conditions, allergies or injuries that may affect your treatment when you make spa reservations.

Age limit (Children and adolescents)

We are happy to be able to offer spa treatments to children as young as 5 years old. Children between 5-10 years must be accompanied by an adult.

Loss and damage

We regret to inform you that we are not responsible for any loss or destruction of personal property.

Payment and cancellation policy

We accept most credit cards. Cash payment is accepted. We cannot accept foreign currency. Payments can be charged directly to your room. 50% cancellation fee will apply to any treatment or spa program cancelled less than 24 hours in advance. A 100% cancellation fee will apply to any treatment or spa program cancelled less than 12 hours before the scheduled time. All prepaid programs are non-refundable but are transferable.